

LOW FAT YOGURT

Satisfy your sweet tooth with fresh dairy yogurt and all natural flavors! Available in seven delicious flavors including Blueberry, Peach, Strawberry, Strawberry Banana, Vanilla, Boston Cream Pie, and Key Lime Pie.



Low Fat Blueberry Yogurt

Item #16448



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

180 Calories

<u> </u>	
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 100mg	4%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 32g	
Includes 23g Added Sugars	s 46%
Protein 6g	12%
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Vitamin D 0% Calcium 15% Iron 0% • Potassium 6% *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, BLUEBERRIES, WATER, POTASSIÚM SORBATE, NATURAL FLAVOR, CITRIC ACID, SODIUM CITRATE, RED 40 (COLOR), BLUE 1 (COLOR). CONTAINS: MILK.



Low Fat Boston Cream Pie Yogurt

Item #25050



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

190 alarias

Calories	100
%	Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 85mg	4%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 31g	
Includes 23g Added Sugars	46%
Protein 6g	12%
Vitamin D 0% • Ca	alcium 15%
Iron 0% • Potassium 6%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, PHOSPHORIC ACID. CONTAINS: MILK.



Low Fat **Peach Yogurt**

Item #16451



Nutrition Facts

1 serving per container

Serving size 6oz (170a)

Amount per serving Calories 19	90
% Daily	Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 85mg	4%
Total Carbohydrate 38g	14%
Dietary Fiber 0g	0%
Total Sugars 34g	
Includes 25g Added Sugars	50%
Protein 6g	12%
Vitamin D 0% • Calcium	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Iron 0% • Potassium 6%

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR NON FAT DRY MILK HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, PEACHES, WATER, POTASSIUM SORBATE NATURAL FLAVOR, CITRIC ACID, ANNATTO EXTRACT (COLOR), YELLOW 6 (COLOR). CONTAINS: MILK.



Low Fat Key **Lime Pie Yogurt**

Item #25051



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

Protein 6g

Iron 0% • Potassium 6%

80 Calories % Daily Value Total Fat 1.5g Saturated Fat 1g 5% Trans Fat 0g Cholesterol 5mg 2% Sodium 85mg 4% Total Carbohydrate 36g

13% Dietary Fiber 0g 0% Total Sugars 31g Includes 23g Added Sugars 46% 12%

Vitamin D 0% Calcium 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT ORY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, WATER, MODIFIED CORN STARCH, LIME JUICE CONCENTRATE, NATURAL FLAVORS, FRUIT JUICE CONCENTRATE ANO TURMERIC (COLOR), CITRIC ACID. CONTAINS: MILK.





Low Fat Strawberry Yogurt

Item #16454



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

Calories 19	<u> 90</u>
% Daily	Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 95mg	4%
Total Carbohydrate 39g	14%
Dietary Fiber 0g	0%
Total Sugars 33g	
Includes 25g Added Sugars	50%
Protein 6g	12%
Vitamin D 0% • Calcium	15%
Iron 0% • Potassium 6%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, STRAWBERRIES, WATER, POTASSIUM SORBATE, NATURAL FLAVOR, CITRIC ACID, SODIUM CITRATE, RED 40 (COLOR), BLUE 1 (COLOR). CONTAINS: MILK.



Low Fat Strawberry Banana Yogurt

Item #16455



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

190 Calories

Jaiorics	100
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 90mg	4%
Total Carbohydrate 39g	14%
Dietary Fiber 0g	0%
Total Sugars 34g	
Includes 25g Added Sugars	50%
Protein 6g	12%
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Iron 0% • Potassium 6% *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calcium 15%

Vitamin D 0%

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, STRAWBERRIES, WATER, BANANAS, POTASSIUM SORBATE, NATURAL FLAVOR, CITRIC ACID, SODIUM CITRATE, RED 40 (COLOR). CONTAINS: MILK.



Low Fat **Vanilla Yogurt**

Item #16456



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

400 Colorios

Calories	100
	% Daily Value
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 90mg	4%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 31g	
Includes 23g Added Sugar	s 46%
Protein 6g	12%
Vitamin D 0% •	Calcium 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Iron 0% • Potassium 6%

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, CORN SYRUP, WATER, POTASSIUM SORBATE VANILLA FLAVOR WITH OTHER NATURAL FLAVORS, MODIFIED CORN STARCH, CITRIC ACID, ANNATTO EXTRACT (COLOR). CONTAINS: MILK.





FAT FREE YOGURT

Satisfy your sweet tooth with fresh yogurt, real fruit, and 0g added sugar! Try all seven flavors cravable flavors including Blueberry, Peach, Strawberry, Strawberry Banana, Vanilla, Boston Cream Pie, and Key Lime Pie.



Fat Free Black Cherry Yogurt

Item #16426



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

80 Calories

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 6g	12%

Vitamin D 0% Calcium 15% Iron 0% • Potassium 6% *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, CHERRIES, NATURAL FLAVORS SUCRALOSE, MALIC ACID, RED 40 (COLOR), BLUE 1 (COLOR). CONTAINS: MILK.



Fat Free Blueberry Yogurt

Item #16427



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

Calories	80
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	s 0%
Protein 6g	12%
Vitamin D 0% •	Calcium 15%
Iron 0% • Potassium 6%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK WATER, BLUEBERRIES, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, CARAMEL COLOR, RED 40 (COLOR), BLUE 1 (COLOR). CONTAINS: MILK.



Fat Free Cherry Vanilla Yogurt

Item #16428



Nutrition Facts

1 serving per container

Serving size 6oz (170a)

Vitamin D 0%

Iron 0% • Potassium 6%

Amount per serving Calories	80
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	s 0%
Protein 6g	12%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calcium 15%

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK WATER, CHERRIES, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, RED 40 (COLOR). CONTAINS: MILK.



Fat Free Peach Yogurt

Item #16429



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

80 Calories % Daily Value Total Fat 0g 0% Saturated Fat 0g 0%

Trans Fat 0g Cholesterol <5mg 1% Sodium 80mg 3% Total Carbohydrate 14g 5% Dietary Fiber 0g 0% Total Sugars 8g Includes 0g Added Sugars 0%

12% Protein 6g Vitamin D 0% Calcium 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Iron 0% • Potassium 6%

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK WATER, PEACHES, PEACH PUREE, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, ANNATTO EXTRACT (COLOR).

CONTAINS: MILK.





Fat Free Strawberry Yogurt

Item #16432



Nutrition Facts

1 serving per container

6oz (170g) Serving size

Amount per serving

Calories	80
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0% •	Calcium 15%
Iron 0% • Potassium 6%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK WATER, STRAWBERRIES, CORN STARCH MODIFIED, NATURAL FLAVOR, SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, RED 40 (COLOR). CONTAINS: MILK.



Fat Free Strawberry Banana Yogurt

Item #16431



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

Vitamin D 0%

80 Calories

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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 6g	12%

Iron 0% • Potassium 6% *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calcium 15%

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, STRAWBERRY PUREE, BANANA PUREE, MODIFIED CORN STARCH, NATURAL FLAVORS, MALIC ACID, SUCRALOSE, ACESULFAME POTASSIUM, RED 40 (COLOR), CITRIC ACID, BLUE 1 (COLOR). CONTAINS: MILK.



Fat Free Vanilla Yogurt

Item #16433



Nutrition Facts

1 serving per container

Serving size 6oz (170g)

Amount per serving

90 Calaria

Calories	C	
	% Daily	Value
Total Fat 0g		0%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol <5mg		1%
Sodium 85mg		4%
Total Carbohydrate 13g		5%
Dietary Fiber 0g		0%
Total Sugars 7g		
Includes 0g Added Sugars	;	0%
Protein 6g		12%
Vitamin D 0% •	Calcium	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Iron 0% • Potassium 6%

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK WATER, MODIFIED CORN STARCH, NATURAL FLAVOR, MALIC ACID, SODIUM CITRATE, ACESULFAME POTASSIUM, ANNATTO EXTRACT (COLOR). CONTAINS: MILK.

