

SCHOOL PRODUCTS

Locally Made. Naturally Delicious.™



**1% MILK** Item #9171



1 serving per container

Serving size 1 Carton (240mL)

**Amount per serving** 

1 በበ Calarias

Calories	100
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 300mg	25%
Iron 0.1mg	0%
Potassium 370mg	8%
Vitamin A 150mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** LOWFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS MILK.



**1% CHOCOLATE MILK** 

Item #9175



## **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

Amount per serving

120 **Calories** 

Valui les	120
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 180mg	8%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.8mcg	15%
Calcium 290mg	20%
ron 0.2mg	2%
Potassium 370mg	8%
Vitamin A 130mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** GRADE A LOW FAT MILK, SUGAR, ALKALIZED COCOA, CORNSTARCH, SALT, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.



#### **1% STRAWBERRY MILK**

Item #30352



## **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
<b>Total Carbohydrate</b> 22g	8%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 10g Added Sugar	s <b>20%</b>
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 340mg	8%
Vitamin A 150mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: GRADE A LOW FAT MILK,** SUGAR, VEGETABLE JUICE COLOR, NATURAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.



## 1% VANILLA SHAKE

Item #30353



## **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

Amount per serving

Calarias

120

Calories	120
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.7mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 350mg	8%
Vitamin A 130mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A LOW FAT MILK, SUGAR, CORNSTARCH, GUAR GUM, NATURAL FLAVOR, SALT, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.





1% MILK Item #9171



1 serving per container

Serving size 1 Carton (240mL)

**Amount per serving** 

Calories	100
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 300mg	25%
Iron 0.1mg	0%
Potassium 370mg	8%
Vitamin A 150mcg	15%
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\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: LOWFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS MILK.



**1% CHOCOLATE MILK** Item #9175



## **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

Amount per serving

Calories	120
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 180mg	8%
<b>Total Carbohydrate</b> 19g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.8mcg	15%
Calcium 290mg	20%
Iron 0.2mg	2%
Potassium 370mg	8%
Vitamin A 130mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: GRADE A LOW FAT MILK,** SUGAR, ALKALIZED COCOA, CORNSTARCH, SALT, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.



### **1% STRAWBERRY MILK**

Item #30352



## **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

**Amount per serving** 

140 Calories

<u>valuries</u>	170
9	6 Daily Value
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 10g Added Sugars	20%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 340mg	8%
Vitamin A 150mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS: GRADE A LOW FAT MILK,** SUGAR, VEGETABLE JUICE COLOR, NATURAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.





**SKIM MILK** Item #9173



1 serving per container

Serving size 1 Carton (240mL)

**Amount per serving** 

Calories	80

Calories	80
9	6 Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2mcg	15%
Calcium 300mg	25%
Iron 0.1mg	0%
Potassium 360mg	8%
Vitamin A 150mcg	15%
*The % Daily Value (DV) tells you how muc	h a nutrient in a

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** SKIM MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS MILK.



#### **FAT FREE CHOCOLATE**

Item #9178



# **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

Amount per serving

Calories	110
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 170mg	7%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.8mcg	15%
Calcium 280mg	20%
Iron 0.2mg	2%
Potassium 380mg	8%
Vitamin A 140mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A FAT FREE (SKIM) MILK, SUGAR, ALKALIZED COCOA, CORNSTARCH, SALT, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.



#### **FAT FREE STRAWBERRY**

Item #9177



## **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

**Amount per serving** 

4 20 

Calories	120
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	2%
Sodium 95mg	4%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 10g Added Sugars	20%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 350mg	8%
Vitamin A 150mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** GRADE A FAT FREE (SKIM) MILK, SUGAR, VEGETABLE JUICE COLOR NATURAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.





WHOLE MILK Item #9165



1 serving per container

Serving size 1 Carton (240mL)

150

**Amount per serving** 

Calarias

Calories	130
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 290mg	20%
Iron 0.1mg	0%
Potassium 340mg	8%
*The % Daily Value (DV) tells you how m	uch a nutrient in a

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A MILK, VITAMIN D3. CONTAINS MILK.



**2% MILK** Item #9168



# **Nutrition Facts**

1 serving per container

Serving size 1 Carton (240mL)

Amount per serving	
Calories	120
<u> </u>	
	% Daily Value*
<b>Total Fat</b> 5g	6%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2mcg	10%
Calcium 298mg	25%
Iron Omg	0%
Potassium 354mg	8%
Vitamin A 154mcg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** GRADE A REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.

